

Food

Part 1:

1.What is your favourite dish?

There are numerous dishes to choose from, all of which are delectable due to the restaurant's inclination. Most importantly, I enjoy Mexican food.

2.Have you always had a preference for the same foods?

I don't believe I eat the same type of food all year because I prefer to eat different foods as the seasons and meteorology change.

3.Do you have any food preferences?

Well, I enjoy all types of food, including habitual and fast food. As a result, there is no food that I dislike.

4.Can you describe a typical meal in your country?

Rice is a favourite food of all tribes in my home country of Nigeria. Every country prepares it in a unique way.

5.Are you eating a healthy diet?

Yes, I am a health-conscious individual, so I always try to consume healthy foods such as fruits and exotic vegetables. I also prepare a balanced diet chart that I adhere to on a daily basis.

6.How do you feel about fast food?

To be honest, I enjoy fast food and believe that everyone else does as well, because eating home-cooked meals on a daily basis is difficult.

7.Which meal of the day do you consider to be the most important?

Breakfast is consistently referred to as the most important meal of the day in my opinion. It gives us energy for the day. I believe that eating high-calorie, nutritious foods for breakfast will boost our energy and metabolism throughout the day.

Part 2:

Describe a cafe you like to visit

Introduction:

In this hectic society, people are under pressure for various reasons. Likewise, I like to have coffee whenever I feel stressed. It will change my mood and I will feel better.

Where is it?

The Brew Room is the name of the cafe I recently visited in Chennai. Moreover, it is famous for its world's best coffee. I had a wonderful experience when I went there for my coffee.

What kinds of food and drinks does it serve?

They have a fantastic menu that includes numerous varieties of coffee, tea, sweets, shakes, and other foods. That day, I was quite stressed. So, I've decided to have coffee. I tried Ice Berg Coffee. Honestly speaking, it was absolutely delicious.

What do you do there?

The Brew Room is an outdoor cafe with a beautiful garden and a lotus pond. I felt very relaxed and calm while sitting outdoors and having my coffee. That was a beautiful evening I spent.

And explain why you like to go there?

In fact, I am an introverted person who prefers to spend time alone and also I am a coffee lover. Thus, The Brew Room is the ideal setting for spending quality time to get rid of stress and get some peace of mind.

Conclusion:

To conclude, The Brew Room is the recent cafe which I like most and desire to visit again.

Part 3:

1. Tell me about the types of food that people eat in your country.

Answer: People in my country eat foods that are rich in carbohydrates like rice and chapati. They are a staple food in many states of the country. Along with rice and chapati, we have different types of veg and non-veg curries. Biryani is also a popular dish in our country and each location has a different variety of biryani.

2. How are the eating habits now in your country different from eating habits in the past?

Answer: People only had homemade food in the recent past until many companies started delivering food to our homes. Even though people used to go out to restaurants to have food, nowadays people have become more reliant on home delivery.

3. How healthy is your country's food?

Answer: In our country, most people eat unhealthy food which is high in carbohydrates and fats. People eat foods that are good for the tastebuds but bad for the body. Nowadays with the increase in packaged foods, it has become a convenient choice for people and has directly affected their health.

4. Why do you think different cultures have different table manners?

Answer: People from different cultures eat different kinds of food. So people have to eat in a different manner. People in India eat rice which can be conveniently eaten using a hand. But people in western countries prefer using cutleries to eat instead of using their hands.